

Annual Report 2017-18

ABHIVYAKTI FOUNDATION



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Preface

In the year 2017-18 Abhivyakti foundation has achieved several milestones in community level intervention on the issues of women empowerment, health, skill development, Environment and livelihood project intervention at community level in rural and urban parts of different states of India. Working in the development sector for more than one and half decades, I am extremely proud to say that Abhivyakti Foundation today, stands firm to its commitment and the ability of its credentials in its performance.

As part of operational area and sanctioned project for the current year we entered to work in Jharkhand and Himachal Pradesh on women empowerment agriculture and climate change. Organisation has planned several issues to work for the proposed states like livelihood and entrepreneurship, skill development and climate change programme for the district of Hamirpur of Himachal Pradesh, Dumka and Deoghar of Jharkhand and Sonipat district of Haryana.

Under the programme of entrepreneurship development and skill development trade like tailoring and embroidery (Jacket production centre) was taken in the district Moga of Punjab. STeP Project, supported by Smile Foundation for skill development of youth is running in the North district of Delhi. Crisis intervention centre (CIC), Women Helpline and Mahila Panchayat supported by Delhi Commission for Women (DCW) for legal and psychological support to rape victim and women in distress. Water campaign "A Day in the Village" was undertaken in two states i.e. Haryana and Punjab and covered more than 700 villages.

Abhivyakti Foundation believes that success of any organization equally lies in the hands of its supporters and team members.

Shailender Kumar Singh
General Secretary
Abhivyakti Foundation

INTRODUCTION

Abhivyakti foundation registered under Society Registration Act working for the up-liftment of underprivileged women, children, adolescent, and other member of the society in the rural and urban area of several parts of country on the issue of education, health, agriculture, livelihood, environment, entrepreneurship development, skill development and climate change to enhance the capacity and empowerment of community people. The organisational endeavour reflects in its commitment to thrive in executing the task at various level of community sustainability. Abhivyakti Foundation has been extensively and intensively working to enhance the socio-economic status of the downtrodden in urban and rural part of different states to make them self sustainable in terms of their socio-economic growth and development through different community level programme to achieve its objective.

Vision

The vision of the organization is to develop the society based on equality, equity and justice.

Mission

- To generate opportunities for growth and development of the society at large.
- To enable socially and economically backward community to claim their rights.

Since its inception in the year 2001 Abhivyakti Foundation within its short period of its existence had laid a strong foundation in the areas of women empowerment, entrepreneurship, skill development and health issues like HIV/AIDS supported by NABARD and different states SACS. This year, the main approach and strategy adopted was focused on providing and promoting maximum output efficiently and excelling to empower community with different activities like group formation saving linkages, credit linkages and entrepreneurship development.

The organisation has taken up several initiatives like Community mobilization and livelihood enhancement Programme that includes formation and

strengthening of Self Help Group (SHG), Micro Entrepreneurial Development Programme and Village Development Programme supported by NABARD. Besides, Activities such as running crèches, awareness generation campaigns and workshops by the support of Government and international agencies are going efficiently.

Major Area of Project Intervention

Name of States	Location	Supporting Organisation	Project Name
Delhi	Burari	DSACS	TI for MSM
	Burari & Bhalaswa	DCW	Mahila Panchayat
	Begampur & Ladpur	DSWB	Crèche
	All the project area	IGNOU	BPP Course
	All the project area	LIC	Micro Insurance
	Burari	Smile Foundation	SteP Project
Haryana	Palwal	HSACS	TI for FSW
	Palwal	NABARD	SHG
	Palwal	Child line India foundation	Child-line-1098 (Helpline)
	Palwal	NABARD	Jute bag production
Punjab	Amritsar	PSACS	TI for IDUs
	Nakoder	PSACS	TI for IDUs
	Jalandhar	NABARD	SHG formation
	Jalandhar	HLFPPT	CSC
	Moga	NABARD	Jacket
	Tarn Taran	HLFPPT	CSC
Uttar Pradesh	Ghaziabad	UPSACS	TI for Transgender
	Noida	Asian Paints and Education Department	Swachta Abhiyan
	Ghaziabad	ST Micro Electronics	IT Skill Development
Jharkhand	Deoghar	Abhivyakti Initiative	SHG
	Dumka		Climate proofing
			Watershed
Himachal Pradesh	Hamirpur	Abhivyakti Initiative	Self Help Group

Programme Details

Abhivyakti Foundation programme activities in the year 2017-18 has been planned and implemented on multi-dimension. Our TI projects under different State Aids Control Society are one of the recognizable programmes of the organization.

Abhivyakti Health Initiative

Target Intervention Project at Ghaziabad Uttar Pradesh (Transgender)

Targeted project (TI) for the Transgender in Ghaziabad for HIV/AIDS prevention supported by UPSACS started in 2013 with 250 target beneficiaries. In course of five year of project implementation in current year Abhivyakti tried to meet the project objective for the promotion of condoms, linkages with to STI (Sexually Transmitted Infection) management services, community outreach, referral and networking, strong networks and follow up and covered 305 HRG.

Best Practices

Use of Bio-metric and CCTV at the premises for monitoring and Security measures, Use of CCTV in DIC as according to their Consent, HRGs involvement in Computer Classes, Learning by Sharing: Participation in HIJRA Habba, HUMSAFAR Launch, Panel Discussion on "Acceptance in Family Members' of Transgender.

Achievements

- Secure 1st Position in Ghaziabad District for the evaluation Period 2016-2017 to 2017-2018
- HRGs Partners are also got tested
- Acknowledgement of Dropouts

Target Intervention Project at Burari Delhi (MSM)

Targeted project (TI) for the MSM in Burari for HIV/AIDS prevention supported by DSACS started in 2008 with 1250 target beneficiaries. In current year Abhivyakti tried to meet the project objective for the promotion of condoms,

prevention and referral for STI (Sexually Transmitted Infection) management services, community outreach, referral and networking, strong networks, counselling and follow up and covered 1324 MSM.

Programme activities	Targeted coverage (2017-18)
Total No of HRG (MSM) registered	1324
Taken clinical services	1067
Screened for Syphilis	269
Tested for HIV/AIDS	640
Condom demanded /distributed	6080



Target Intervention Project at Nakodar Punjab (IDUs)

Targeted Intervention project for IDU was sanctioned to our organization by Punjab State Aids Control Society in the month of July, 2010. On the basis of CNA project areas was defined and TI project activities was initiated from August, 2010. Target population allocated by PSACS was 600, Ever Registered Population is 892 IDUs. Currently active population is 632 till 31st March 2018. Future planning targets about 20% new registration of vulnerable population from hotspots and dropout low risk population of > 6 years to be linked with TI. 100% ART linkage and ART initiation of active PLHIV by the end of September 2018. 80% of active population to be linked with OST centre by the end of September 2018.

Target Intervention Project at Amritsar Punjab (IDUs)

Targeted Intervention project for IDU was awarded to the NGO by Punjab State AIDS Control Society in the month of October, 2012. On the basis of CNA project areas was defined and TI project activities was initiated from December, 2012. Current Target population allocated by PSACS is 500, out of which 670 IDUs have been identified and linked up with project service delivery till 31st March 2018. The future planning is to Identify new IDUs of high vulnerability to HIV, Improve sustention rate of all TI-OST registered clients, Linkage with ART & Initiation of ART medicine of PLHIV. Mainstreaming of IDUs and their families (i.e. vocational training, linkage with social welfare schemes) Training for the capacity building of the TI Staff, Formation of self Help Groups.



“International & National delegates visit in TI Amritsar”

Prevention and Early Management of viral Hepatitis Hepatitis B and C

The main objective of the Programme was to reduce transmission of viral hepatitis B and C through prevention and early management of the disease, based on the focused intervention strategies in Amritsar Punjab. The main activities undertaken were community mobilization, capacity building, advocacy and care and support for the general community.

Major Outcome of the Project

Activities undertaken	Project achievement – 2018
No. of Advocacy meeting organized	90
Number of IDUs targeted	500
Numbers of person screened	For HCV- 500 For HBV- 477
Numbers of cases vaccinated	500
Numbers of person referred for treatment	50
Numbers of person who recovered from HCV	42
Numbers of HCPs you reached out	62 - from Civil Hospital Amritsar, ART Centre, ICTCs, OST and TIs
Spouses of IDUs (how many spouses are there?)	208



Care & Support

Care Support Centre (CSC)

Established in the year 2012 at Jalandhar CSC extends care and support to the 1000 beneficiaries of HIV Positive. At CSC, we follow palliative care approach which improves the quality of life of patients and their families facing the problem associated with the illness through the prevention and relief of suffering by means of early identification and impeccable assessment and

treatment of pain and other problems, physical, psychological and emotional. Conducting regular contact with community members and promoting counselling sessions is also conducted by Abhivyakti Foundation. Providing social services for the purpose of livelihood support for their betterment, aware them for free treatment in government hospitals, to provide welfare services given by government such as Ration card, bank account, donations, scholarships, pensions etc.



Nutrition Care & Support

Rajive Gandhi Crèches Programme

There are huge numbers of children left uncared and unattended during the day as many women folks are busy with the work concerned. In order to give proper shelter and nutrition to the infants while their mothers are busy at work, such children are identified and brought to the Crèche. Initiated in the year 2010, Abhivyakti Foundation identified **50** children under the age group of **0-6** years to deliver early childhood Education, Nutrition, care & support to these children.

These crèches are running in one semi-rural and one rural area (Begampur and Ladpur, Delhi) The programme is supported by Delhi Social Welfare Board. Presently we are running successfully the programme with 55 children.

Livelihood and Enterprise Development

With the view to enhancing the economic living conditions of poor and downtrodden women from community by supporting alternative opportunities of employment generation and income generation, we have taken initiatives of running of production units of jute bags and jacket in Palwal, Haryana and Moga district of Punjab during the reporting year of 2017-18. These said units have been commenced with bank loan support from NABARD of respective states. The Palwal production unit is involved in Jute bags like purses, bottle covers, cane bags, cotton school bags etc. making by involving 22 women. Out of which ten are working at production centre while twelve women are working from their home. While in Moga production centre, fifteen women are working in production centre while ten are working from their home. The annual turnover of the Palwal production centre was Rs. 12,50,000 and Rs. 10,00,000 of Moga centre.

The market demand of the products was generated through participating in various national level fairs like Surajkund Fair Haryana and SARAS Fair, organized by Ministry of Rural Development, in Mumbai, Maharashtra and fairs organized by Confederation of Indian Industry, Chandigarh. In addition, we were also successful to tap the bulk order from NABARD, Asian Paints (corporate sector), BIRD (A training institute) and other like-minded organizations.



MEDP Training Programme Punjab

During financial year 2017-18 Abhivyakti Foundation Regional office Punjab in collaboration with National Bank of Agricultural and Rural Development, organized 2 Micro-Entrepreneurship Development Program on the skills of Cutting and Stitching in Village Johal Block Philour district Jalandhar. The primary objective of this program is to bridge the skill deficits or facilitates optimization of production activities already pursued by the SHG members. During these 2 MEDP Programme 60 ladies of various self-help groups of the Chief Guest of the Opening ceremony of 13-day training program was Mr. L.KMehra District Development Manager NABARD, Jalandhar.

Valedictory ceremony of these training program was attended by Mr. Vattan Singh, LDM Jalandhar, Mr.L.KMehra District Development Manager Jalandhar, All the Panchyat Members of Village Johal. Ms. Baljeet Kaur &Surjeet Kaur were the trainer for the program.



Self Help Groups Project-NABARD

SHG- Haryana and Punjab.

Project on SHG formation and linkages with Bank remains a consistent project of Abhivyakti Foundation under the guidance of National Agriculture and Rural Development. In the current year, a number of 465 SHG has been formed in the state of Haryana and Punjab. The project also establishes to link the beneficiary with Bank so that they can avail the bank facilities at their own needs and requirement. The SHG women are also linked with the Jut bag manufacturing and production.

SHG Saving and credit linkages with Bank Through NABARD

District	No. of SHGs Formed/ Target	Total Membership	Total Savings	No. of SHGs Credit Linkages	Amount-Credit Linkages
Palwal, Haryana	250 (300)	3000	28,57,100	170	18,50,000
Moga, Punjab	80 (100)	1200	18,65,000	30	11,00,000
Jalandhar, Punjab	100 (100)	1176	17,23,400	42	9,00,000
Amritsar, Punjab	03(100)	36	8,000/-	00	00
Firozpur, Punjab	27(100)	300	50,000/-	00	00
Sonapat Haryana	05 (50)	60	15,000	00	00
Total	465	5772	6460500	242	38,50,000

Water Campaign- NABARD

On the occasion of international water conservation day National Bank for Agriculture and Rural Development (NABARD) stood committed to cover around 1,00,000 villages in vulnerable/water stressed areas where the ground water is over exploited in the Country including 5000 villages of Punjab on conservation

and efficient use of water in Agriculture. Abhivyakti Foundation has carried the Water Campaign 2017 “JAL HEE JEEVAN HAI” in district of Palwal (Haryana) Moga & Ferozepur of Punjab. Untiring the sincere efforts by various departments helped make this a successful project.

Abhivyakti Foundation covered 250 villages of district Moga & 360 Villages of district Ferozepur through KJDs and 280 villages of Palwal district of Haryana. These KJDs organized awareness and resource mapping of existing and depleted water bodies at community level and methods of rain water harvesting, efficient water use, and groundwater recharge and integrated farming systems in 890 villages of Haryana and Punjab.



Child-Line Project (1098) Palwal Haryana

The Child-Line project supported by Child Line foundation started in Feb 2015 with the objective to create a supportive environment to protect the children from violence and atrocity both physical and mental. The Child Line Palwal team (CLP) member organise different activities and programme to spread awareness about the help line No. 1098 children in schools and



community to identify cases related to child protection and their 25 rehabilitation. The helping undertakes the cases of children between the age of 0-18. The mission of the Abhivyakti Foundation is committed to bring change in the society with special focus on self-reliance, social equity and justice by promoting human dignity and livelihood options to children of the society.

Total Case Handle till March 2018

- ✓ Child Labour: 319
- ✓ Child Marriage: 17
- ✓ Protection from abuse: 87
- ✓ Beggar: 103
- ✓ Missing Child: 108
- ✓ Shelter: 13

Skill Development Programme

STep Programme, Burari (Smile Foundation)

Abhivyakti in partnership of Smile foundation implementing a Skill development cum job placement programme for the underprivileged youth to engage them in the labour market. The main objective of the programme is to impart skills and job opportunity to underprivileged youth of the community for Job and support in Job placement according to their capacity. The step programme helps the student to gain basic knowledge and technical skill in Computer education, personality development, English speaking and marketing through practical session to enhance their employability skill and placement opportunity to get the desired job in the market. The centre provides spoken English classes and personality development programme to strengthen the capacity of the youth in job placement. In the year 2018 a total 120 community youth has been trained and placed with different company.

Women Empowerment in respect to Gender and Rights

Mahila Panchayat

Abhivyakti in support and partnership with Delhi Commission for Women, has undertaken Mahila Panchayat Programme commenced from 16th of March 2012 at Burari and Bhalaswa of North Delhi. The main objective of the programme was to creating mass awareness on legal rights of women and addresses their issues to solve their legal problem at community level. Mahila Panchayat is an initiative taken for empowerment of women mainly for underprivileged section of the society of urban area. The project offer crisis intervention and legal aid at community level and help tackle local level legal disputes and assist in reduction and reconciliation of violence against women. Mahila Panchayat takes up the cases and resolves them at the community level. These cases mainly pertain to bigamy, maintenance, domestic violence, alcoholism and other issues. In the most cases Panchayat have been able to resolve the cases at their mutual level. During the project period total cases registered 760 and solved 456 cases.



Education

Organisation is running two different courses in support of IGNOU to enhance the academic level of community youth mainly who are drop out or want to continue their education. Under the formal education programme which came in 2010. It covered through different courses namely Bachelor Preparatory Programme (BPP) & CLP under IGNOU and Condensed Course of Central Social Welfare Board.

Social Security

Micro Insurance Scheme

The programme started in the year 2007, Abhivyakti Foundation has identified the income group families living in unauthorized and authorized colonies of Delhi to be supported through micro insurance scheme of **Life Insurance Corporation**. During the year, 1200 are policy holders in the scheme. Majority of insured persons belong to low income group as they are able to manage the premium of minimum Rs. 100 and maximum 500 per month. Time period is five years to 15 years. The scheme provides auto cover of accidental insurance and other benefits to the beneficiaries under the scheme.

Reward & Recognition

Abhivyakti Foundation took pride in the long run of success in receiving rewards and recognition from various supporting Organization. Individual appreciation from various visitors during their official visits or field-based visits was acknowledged. Amidst all these, Abhivyakti Foundation took extreme pride whence Abhivyakti Foundation Care & Support Centre at Punjab under Punjab State Aids Control Society and TI project of Gaziabad awarded the best organization of the entire State in 2017-18.

ਅਭੀਵਿਅਕਤੀ ਫਾਊਂਡੇਸ਼ਨ ਵੱਲੋਂ ਪਾਣੀ ਜਾਗਰੂਕਤਾ ਅਭਿਆਨ ਦੀ ਸ਼ੁਰੂਆਤ

ਮੋਗਾ, 20 ਮਈ (ਸ਼ੁਰੰਦਰਪਾਲ ਸਿੰਘ)-ਪੰਜਾਬ ਵਿਚ ਤੇਜ਼ੀ ਨਾਲ ਘਟ ਰਹੇ ਪਾਣੀ ਨੂੰ ਬਚਾਉਣ ਅਤੇ ਜ਼ਮੀਨ ਨੂੰ ਬੱਜਰ

ਗਈ। ਜਾਣਕਾਰੀ ਦਿੰਦੇ ਹੋਏ ਸੰਸਥਾ ਦੇ ਰਿਜਨਲ ਡਾਇਰੈਕਟਰ ਅੰਮ੍ਰਿਤਪਾਲ ਸਿੰਘ ਨੇ ਦੱਸਿਆ ਕਿ ਇਹ ਮੁਹਿੰਮ ਇਕੋ ਸਮੇਂ

ਦੱਸਿਆ ਕਿ ਸੂਬੇ ਵਿਚ ਪੰਜ ਹਜ਼ਾਰ ਪਿੰਡਾਂ ਵਿਚ ਜਾਣ ਦਾ ਟੀਚਾ ਮਿਥਿਆ ਗਿਆ ਹੈ। ਇਸ ਮੁਹਿੰਮ ਤਹਿਤ ਅਭੀਵਿਅਕਤੀ



ਅਭੀਵਿਅਕਤੀ ਫਾਊਂਡੇਸ਼ਨ ਵੱਲੋਂ ਲਗਾਏ ਗਏ ਕੈਂਪ ਦੀ ਝਲਕ। ਅਜੀਤ ਰਸਵੀਰ

ਹੋਣ ਤੋਂ ਰੋਕਣ ਲਈ ਅਭੀਵਿਅਕਤੀ ਫਾਊਂਡੇਸ਼ਨ ਵੱਲੋਂ ਨਾਬਾਰਡ ਦੇ ਸਹਿਯੋਗ ਨਾਲ ਮੋਗਾ ਅਤੇ ਫਿਰੋਜ਼ਪੁਰ ਜ਼ਿਲ੍ਹੇ ਦੇ ਪਿੰਡਾਂ ਵਿਚ ਪਾਣੀ ਜਾਗਰੂਕਤਾ ਅਭਿਆਨ 2017 ਦੀ ਸ਼ੁਰੂਆਤ ਕੀਤੀ

ਸਮੁੱਚੇ ਦੇਸ਼ ਦੇ 1 ਲੱਖ ਪਿੰਡਾਂ ਵਿਚ ਸ਼ੁਰੂ ਕੀਤੀ ਗਈ ਹੈ ਜਿਸ ਦੇ ਤਹਿਤ ਦੇਸ਼ ਭਰ ਵਿਚ ਕਿਸਾਨਾਂ ਨੂੰ ਜਾਗਰੂਕ ਕਰਨ ਤੇ ਤਕਨੀਕੀ ਤੌਰ 'ਤੇ ਪਾਣੀ ਦੀ ਬਚਤ ਕਿਵੇਂ ਕੀਤੀ ਜਾਵੇ ਆਦਿ ਸਬੰਧੀ ਜਾਣਕਾਰੀ ਦੇਣ ਲਈ ਸ਼ੁਰੂ ਕੀਤੀ ਗਈ ਹੈ। ਉਨ੍ਹਾਂ

ਅਤੇ ਇਨ੍ਹਾਂ ਫੰਡਿੰਗਾਂ ਦੇ ਆਸ-ਪਾਸ ਦਰੱਖਤ ਲਗਵਾਉਣ ਦਾ ਕੰਮ ਸ਼ੁਰੂ ਕਰਵਾਇਆ ਜਾਵੇਗਾ। ਹੁਣ ਤੱਕ ਸੰਸਥਾ ਵੱਲੋਂ ਮੋਗਾ ਅਤੇ ਫਿਰੋਜ਼ਪੁਰ ਜ਼ਿਲ੍ਹੇ ਦੇ ਤਕਰੀਬਨ 40 ਪਿੰਡਾਂ ਵਿਚ ਕੈਂਪ ਲਗਵਾਏ ਜਾ ਚੁੱਕੇ ਹਨ।

ਅਭੀਵਿਅਕਤੀ ਫਾਊਂਡੇਸ਼ਨ ਵੱਲੋਂ ਹੁਣ ਤੱਕ 118 ਪਿੰਡਾਂ ਵਿੱਚ ਪਾਣੀ ਜਾਗਰੂਕਤਾ ਕੈਂਪ ਲਗਾਏ



ਮੋਗਾ, 28 ਮਈ (ਪਰਮਜੀਤ ਸਿੰਘ ਜੱਤ): ਕੇਂਦਰ ਸਰਕਾਰ ਦੇ ਦਿੱਤੇ ਨਿਰਦੇਸ਼ਾਂ ਅਤੇ ਰਾਸ਼ਟਰੀ ਪੱਤੀਬਾਜ਼ੀ ਅਤੇ ਪੇਂਡੂ ਵਿਕਾਸ ਬੈਂਕ (ਨਾਬਾਰਡ) ਦੇ ਸਹਿਯੋਗ ਨਾਲ ਸ਼ੁਰੂ ਕੀਤੀ ਗਈ ਜਲ ਜੀਵਨ ਹੈ ਮੁਹਿੰਮ ਤਹਿਤ ਅਭੀਵਿਅਕਤੀ ਫਾਊਂਡੇਸ਼ਨ ਵੱਲੋਂ ਹੁਣ ਤੱਕ ਮੋਗਾ ਅਤੇ ਫਿਰੋਜ਼ਪੁਰ ਜ਼ਿਲ੍ਹੇ ਦੇ 118 ਪਿੰਡਾਂ ਵਿੱਚ ਪਾਣੀ ਜਾਗਰੂਕਤਾ ਕੈਂਪ ਲਗਾਏ ਚੁੱਕੇ ਹਨ। ਜਾਣਕਾਰੀ ਦਿੰਦੇ ਹੋਏ ਸੰਸਥਾ ਦੇ ਰੀਜਨਲ ਡਾਇਰੈਕਟਰ ਸ੍ਰ. ਅੰਮ੍ਰਿਤਪਾਲ ਸਿੰਘ ਨੇ ਦੱਸਿਆ ਕਿ ਰਾਸ਼ਟਰੀ ਪੱਤੀਬਾਜ਼ੀ ਅਤੇ ਪੇਂਡੂ ਵਿਕਾਸ ਬੈਂਕ (ਨਾਬਾਰਡ) ਨੇ ਪਾਣੀ ਦੇ ਬਚਾਅ ਅਤੇ ਪ੍ਰਬੰਧਨ ਤੇ ਜਲ ਜੀਵਨ ਦੇ ਰਾਸ਼ਟਰੀ ਪ੍ਰੋਗਰਾਮ ਸ਼ੁਰੂ ਕੀਤਾ ਹੈ ਨਾਬਾਰਡ ਨੇ ਇਸ ਮੁਹਿੰਮ ਅਧੀਨ ਪੂਰੇ ਦੇਸ਼ ਵਿੱਚ 1 ਲੱਖ ਤੋਂ ਵੱਧ ਪਿੰਡਾਂ ਲਈ ਯੋਜਨਾ ਬਣਾਈ ਹੈ ਪੰਜਾਬ ਵਿੱਚ ਇਸ ਮੁਹਿੰਮ ਵਿੱਚ ਸੀਬੀਐ (ਸੇਂਟਰ ਫਾਰ ਐਨਵਾਇਰਮੈਂਟਲ ਅੱਜੂਕੇਸ਼ਨ) ਅਹਿਮਦਾਬਾਦ ਦੁਆਰਾ ਸਿਖਲਾਈ ਪ੍ਰਾਪਤ ਮਾਸਟਰ ਟ੍ਰੇਨਰਜ਼ ਦੀ ਸਹਾਇਤਾ ਨਾਲ ਆਈਏਸੀ (ਸ਼ੁਚਨਾ ਸਿੱਖਿਆ ਅਤੇ ਸੰਚਾਰ) ਤਕਨੀਕ ਦੀ ਵਰਤੋਂ ਨਾਲ ਰਾਜ ਵਿੱਚ 5000 ਪਿੰਡਾਂ ਨੂੰ ਪਾਣੀ ਦੀ ਸੰਭਾਲ ਦਾ ਸੰਦੇਸ਼ ਫੈਲਾਉਣ ਦੀ ਤਜਵੀਜ਼ ਹੈ। ਇਸੇ ਤਹਿਤ ਅਭੀਵਿਅਕਤੀ ਫਾਊਂਡੇਸ਼ਨ ਵੱਲੋਂ ਮੋਗਾ ਅਤੇ ਫਿਰੋਜ਼ਪੁਰ ਜ਼ਿਲ੍ਹੇ ਦੇ 600 ਪਿੰਡਾਂ ਵਿਚ ਕੈਂਪ ਲਗਾਏ ਜਾ ਰਹੇ ਹਨ

ਵਾਤਾਵਰਣ ਦਿਵਸ ਪਰ 100 ਪੌਧੇ ਲਗਾਏ



ਮੋਗਾ ਅਭਿਵਿਅਕਤੀ ਫਾਊਂਡੇਸ਼ਨ ਨੇ ਰਾਸ਼ਟਰੀ ਖੇਤੀਬਾੜੀ ਵ ਪੇਂਡੂ ਵਿਕਾਸ ਬੈਂਕ ਦੇ ਸਹਯੋਗ ਸੇ ਚਲਾਏ ਜਾ ਰਹੇ ਪਾਣੀ ਜਾਗਰੂਕਤਾ ਅਭਿਆਨ ਜਲ ਹੀ ਜੀਵਨ ਹੈ ਕੇ ਤਹਤ ਜਿਲੇ ਕੇ ਗਾਂਵ ਧਲਲਕਲਾਂ ਵ ਧਲਲੇਕੇ ਮੇਂ 100 ਪੌਧੇ ਲਗਾਕਰ ਵਿਸ਼ਵ ਵਾਤਾਵਰਣ ਦਿਵਸ ਮਨਾਯਾ। ਸੰਸਥਾ ਕੇ ਰੀਜਨਲ ਡਾਇਰੈਕਟਰ ਅਮ੍ਰਿਤਪਾਲ ਸਿੰਘ ਨੇ ਬਤਾਯਾ ਕਿ ਨਾਬਾਡ ਨੇ ਕੇਂਦਰ ਸਰਕਾਰ ਕੇ ਸਹਯੋਗ ਸੇ ਪਾਣੀ ਕੇ ਬਚਾਓ ਵ ਪ੍ਰਬੰਧਨ ਵ ਜਲ ਜੀਵਨ ਹੈ ਰਾਸ਼ਟਰੀ ਪ੍ਰੋਗਰਾਮ ਸ਼ੁਰੂ ਕਿਆ ਹੈ। ਇਸਕੇ ਤਹਤ ਅਭਿਵਿਅਕਤੀ ਫਾਊਂਡੇਸ਼ਨ ਦੁਆਰਾ ਮੋਗਾ ਵ ਫਿਰੋਜ਼ਪੁਰ ਜਿਲੇ ਕੇ 600 ਗਾਂਵਾਂ ਵਹ ਕੈਂਪ ਲਗਾਏ ਜਾ ਰਹੇ ਹੈ। ਸੰਸਥਾ ਦੁਆਰਾ ਜਿਲੇ ਕੇ 250 ਗਾਂਵਾਂ ਮੇਂ ਤਕਰੀਬਨ 2500 ਪੌਧੇ ਲਗਾਏ ਜਾਏਗੇ। ਇਸ ਅਵਸਰ ਪਰ ਸਰਬਜੀਤ ਕੌਰ, ਪਰਮਜੀਤ ਸਿੰਘ, ਸਰੋਜ ਕੁਮਾਰ ਆਦਿ ਉਪਸਥਿਤ ਥੇ।

ਪਾਣੀ ਸੰਬੰਧੀ ਜਾਗਰੂਕਤਾ ਕੈਂਪ ਲਗਾਯਾ



ਕੈਂਪ ਮੇਂ ਲੋਗੋਂ ਕੀ ਜਾਨਕਰੀ ਦੇਤੇ ਡਾ. ਕਰਮਜੀਤ ਬੋਲਿਆ। (ਪ੍ਰਵੀਨ)

ਮੋਗਾ (ਪ੍ਰਵੀਨ): ਰਾਸ਼ਟਰੀ ਕ੍ਰਿਸ਼ੀ ਵ ਗ੍ਰਾਮੀਣ ਵਿਕਾਸ ਬੈਂਕ ਦੇ ਸਹਯੋਗ ਸੇ ਸ਼ੁਰੂ ਹੁੰਦੇ ਜਲ ਜੀਵਨ ਮੁਹਿੰਮ ਕੇ ਤਹਤ ਡੀ. ਡੀ. ਐਸ. ਨਰਿੰਦਰ ਕੁਮਾਰ ਕੇ ਦਿਸ਼ਾ ਨਿਰਦੇਸ਼ ਕੇ ਅਨੁਸਾਰ ਅਭੀਵਿਅਕਤੀ ਫਾਊਂਡੇਸ਼ਨ ਦੁਆਰਾ ਗਾਂਵ ਮਾਡੀ ਮੁਸ਼ਤਫਾ ਮੇਂ ਪਾਣੀ ਸੰਬੰਧੀ ਜਾਗਰੂਕਤਾ ਕੈਂਪ ਲਗਾਯਾ ਗਯਾ। ਇਸਮੇਂ ਡਾਕਟਰ ਕਰਮਜੀਤ ਬੋਲਿਆਂ ਨੇ ਦਿਨ ਪ੍ਰਤਿਦਿਨ ਪਾਣੀ ਕੇ ਸ਼ਰ ਨੀਚੇ ਜਾਨੇ ਪਰ ਚਿੰਤਾ ਪ੍ਰਗਟ ਕਰਤੇ ਕਹਾ ਕਿ ਆਨੇ ਵਾਲੇ 18-19 ਸਾਲੀਂ ਕੇ ਬਾਦ ਪਾਣੀ ਕੀ ਮੁਸ਼ਕਲ ਕਾ ਸਾਮਨਾ ਕਰਨਾ ਪਏਗਾ। ਇਸ ਲਿਏ ਹਮੇਂ ਪਾਣੀ ਕਾ ਇਸਤੇਮਾਲ ਜਲੂਰਤ ਕੇ ਅਨੁਸਾਰ ਕਰਨਾ ਚਾਹਿਏ ਆਰ ਸਿੰਚਾਈ ਕੇ ਲਿਏ ਭਘੜੀਂ ਕਾ ਪਾਣੀ, ਨਹਰੀ ਪਾਣੀ ਵ ਬਾਰਿਸ਼ ਪਾਣੀ ਇਕਟੁੱਟਾ ਕਰਕੇ ਇਸਤੇਮਾਲ ਕਰਨਾ ਚਾਹਿਏ ਤਾਕਿ ਜੋ ਧਰਤੀ ਕਾ ਪਾਣੀ ਕਾ ਸ਼ਰ ਟੀਕ ਰਹ ਸਕੇ ਆਰ ਅਥਿਕ ਸੇ ਅਥਿਕ ਗੁਲ਼ ਲਗਾਨੇ ਚਾਹਿਏ। ਇਸ ਕੈਂਪ ਮੇਂ ਜਰਨੈਲ ਸਿੰਘ, ਮੇਜਰ ਸਿੰਘ, ਹਰਨੇਕ ਸਿੰਘ ਆਦਿ ਉਪਸਥਿਤ ਥੇ।

अभिव्यक्त फाउंडेशन ने किया पौधरोपण



अभिव्यक्त फाउंडेशन की ओर से पर्यावरण संरक्षण के लिए चलाई गई गो ग्रीन महिम के तहत

अभिव्यक्त फाउंडेशन ने लगाया स्वास्थ्य शिविर

गाजियाबाद। विजयनगर में शनिवार को अभिव्यक्त फाउंडेशन की



परियोजना प्रबंधक रचना शुक्ला पांडेय ने अपनी सहयोगी मंजू गोस्वामी, गीता त्वागी और निशि पासाशर के साथ मिलकर संस्था परिसर में एक मेगा स्वास्थ्य शिविर आयोजित किया गया। इस स्वास्थ्य शिविर में टीबी की जांच का विशेष प्रबंध था। एमएमजी अस्पताल के टीबी की जिला कोऑर्डिनेटर दीपाली गोयल ने अपनी टीम के साथ सहयोग किया। इसमें करीब 50 एचआरजी (ट्रांसजेन्डर) ने भी जांच कराई। इसके अलावा बहुत बड़ी संख्या में लोग जांच कराने पहुंचे। डा. अरविंद कुमार सिंह और उनके साथ कई और लोग जांच करने आए। ब्यूरो

'जल ही जीवन है' संबंधी वर्कशॉप लगाई



वर्कशॉप की अध्यक्षता करते एडीशनल डिप्टी कमिश्नर (विकास) व अन्य। (लल्लू)

मोगा, 10 जुलाई (प्रोवर) : राष्ट्रीय खेतीबाड़ी तथा ग्रामीण विकास बैंक द्वारा अभिव्यक्त फाउंडेशन के सहयोग से चलाए जा रहे पानी जागरूकता अभियान 'जल ही जीवन है' के तहत कार्यशाला लगाई गई। इस अवसर पर एडीशनल डिप्टी कमिश्नर (विकास) राजेश त्रिपाठी ने प्रशासन द्वारा पूर्ण सहयोग देने का विश्वास दिलाया।

इस अवसर पर जिला विकास प्रबंधक नाबार्ड नरेन्द्र कुमार, इंजी. राज कुमार, ए.जी.एम. सुमन कुमार, लीड बैंक मैनेजर मोगा स्वर्णजीत सिंह, सलिल सिंह, अमृतपाल सिंह, आर.एस. वालिया, मैडम ज्योति व एच.आर. मैनेजर ने अपने विचार पेश किए। ए.जी.एम. नाबार्ड सुमन कुमार चंडीगढ़ ने बताया कि नाबार्ड ने इस मुहिम के तहत पूरे देश में 9 लाख से अधिक गांवों के लिए योजना बनाई है।

अंतर्राष्ट्रीय मदद में कमी आने से एचआईवी की जागरूकता में भी कम आई : खालसा

अभिव्यक्त फाउंडेशन ने एचआईवी के साथ जी रहे परिवारों के लिए कार्यक्रम कराया

हेल्थ रिपोर्टर जलंधर

पंजाब में नई पीढ़ी को एचआईवी के खतरों से अवगत कराने की जरूरत है। कुछ साल पहले तक लोग एचआईवी और एड्स से जुड़ी बातों को बड़े गौर से सुनते थे और इस बीमारी से बचाव के बारे में गंभीर हुआ करते थे। अब इसकी जागरूकता में थोड़ी कमी आई है।

बुधवार को अभिव्यक्त फाउंडेशन ने एचआईवी के साथ जी रहे परिवारों के लिए एक कार्यक्रम कराया। इसमें फाउंडेशन के रीजनल डायरेक्टर अमृतपाल सिंह खालसा ने बताया कि एचआईवी के मामलों में इजाफा जारी है यह तभी होता है जब लोग एचआईवी के खतरों के प्रति लापरवाह हो जाते हैं। नई पीढ़ी को जागरूक करने की जरूरत है। एचआईवी की जागरूकता में कमी का एक बड़ा कारण यह भी है कि



अमृतपाल खालसा ने कहा, एचआईवी के बारे में नई पीढ़ी को जागरूक कराने की जरूरत है।

इसके प्रचार के लिए अंतर्राष्ट्रीय मदद भी कम हुई है। सिविल अस्पताल के एआरटी और ओएसटी सेंटर के इंचार्ज डॉ. स्वयंजीत सिंह ने बताया कि नशे के टीको से भी एचआईवी तेजी से फैल रहा है।

नशे के व्यापार पर भी सख्ती से नकेल कसने की जरूरत है।

मौके पर समाज सेवी तरसेम लाल, शशी भूषण और रविंदर सिंह कांग ने एचआईवी परिवारों को कबल भेंट किए। फाउंडेशन की प्रोजेक्ट कोऑर्डिनेटर आरती, कुलविंदर कौर, नवप्रीत कौर, प्रदीप कुमार, चंदन, सतवंत, मधू मीरा और वंदना भी मौजूद रहे।